

500 + 1500 + 3000m - 1-7-2024, 24-3-2025, Category: DPF, DPE, DPD, DPC, DPB, DPA, DC1, DC2, DB1, DB2, DA1, DA2, DN1, DN2, DN3, DN4, DSA, DSB, D40, D45, D50, D55, D60, D65, D70, D75, D80, D85, D90, HPF, HPE, HPD, HPC, HPB, HPA, HC1, HC2, HB1, HB2, HA1, HA2, HN1, HN2, HN3, HN4, HSA, HSB, H40, H45, H50, H55, H60, H65, H70, H75, H80, H85, H90, District: ZHL, Venue: DNH

Pos	Naam		Cat	Vereniging	500	1500	3000	Punten
1	Tygo Kompier	10166296	HA2	YV KDK	37.95	1:59.87	4:23.14	121,762
2	Taeke Jongbloed	10209865	HB2	HVHW	39.81	1:59.48	4:16.06	122,312
3	Jules van Winden	10219852	HA1	YV PIJNACKER	39.17	2:02.58	4:26.13	124,385
4	Nick Barendse	10183254	HB2	IJVZ	39.10	2:01.66	4:28.56	124,413
5	Quinten de Jong	10228527	HB2	STC RIJNSTR	38.71	2:01.92	4:33.11	124,868
6	Matthijs de Haan	10203889	HB1	HVHW	38.16	2:02.91	4:38.43	125,535
7	Dion van Hal	10194538	HA2	DVIJC	41.52	2:05.05	4:24.53	127,291
8	Bjarne den Besten	10224977	HC1	YV PIJNACKER	40.09	2:06.27	4:31.20	127,380
9	Hidde Bart	10160985	HSA	DKIJV	39.23	2:03.75	4:42.63	127,585
10	Berto Anker	10211626	HN1	STV LEKSTREEK	41.15	2:05.49	4:32.27	128,358
11	Twan van Duuren	10215258	HC1	STV LEKSTREEK	41.51	2:08.39	4:25.59	128,571
12	Sven Pera	10185170	HN1	YV PIJNACKER	41.82	2:09.09	4:29.98	129,846
13	Joppe Kleiweg	10163949	HSA	DKIJV	41.23	2:09.95	4:32.62	129,982
14	Alexander Doornekamp	10159075	HSA	STC RIJNSTR	41.98	2:09.52	4:29.46	130,063
15	Wouter van der Geer	10159400	HSA	TG BOLLENSTREEK	40.73	2:08.37	4:40.55	130,278
16	Freek Bennis	10163417	HN4	YC STOMPWIJK	41.49	2:09.76	4:37.46	130,986
17	Peter de Bruin	10210969	HC2	STV LEKSTREEK	43.44	2:10.76	4:27.96	131,686
18	Guus Gelderblom	10185568	HN1	SV ROTTERDAM	42.17	2:11.42	4:34.33	131,697
19	Thomas van Herk	10163635	HN4	STV LEKSTREEK	40.97	2:12.19	4:42.58	132,129
20	Joey van den Berg	10213929	HA1	IJVZ	40.63	2:13.25	4:43.64	132,319
21	Tygo Blom	10210881	HC2	STC RIJNSTR	41.76	2:10.84	4:41.79	132,338
22	Mees Blaauw	10184992	HB1	STC RIJNSTR	42.80	2:11.12	4:36.20	132,539
23	Boaz de Gast	10220310	HB1	IJVL	41.34	2:11.72	4:45.03	132,751
24	Teije Hekkema	10217749	HB1	STC RIJNSTR	41.18	2:11.71	4:46.46	132,826
25	Remco Boere	10164717	HSA	STV LEKSTREEK	41.85	2:11.64	4:42.92	132,883
26	Thijs Langeveld	10166739	HSA	DKIJV	42.36	2:11.98	4:42.15	133,378
27	Rune Stoel	10213830	HC2	YV PIJNACKER	40.94	2:13.41	4:48.80	133,543
28	Mark Veenstra	10158956	HSB	DKIJV	44.35	2:12.17	4:32.46	133,816
29	Joep van Leeuwen	10212207	HB1	YC ZOETERWOUDE	42.22	2:12.85	4:45.25	134,044
30	Kyenno Fredrikze	10187665	HA1	TG BOLLENSTREEK	42.10	2:12.66	4:46.94	134,143
31	Arjan Bakker	10156759	H65	STV LEKSTREEK	44.14	2:13.21	4:35.34	134,433
32	Ruben Star	10211694	HC2	HVHW	42.91	2:16.57	4:39.11	134,951
33	Bram van der Hoeven	10201937	HB2	YV PIJNACKER	42.36	2:13.65	4:49.57	135,171
34	Tom Hoogenboom	10164801	HSA	SV ROTTERDAM	43.17	2:14.03	4:53.47	136,757
35	Olivier Wennekes	10219860	HC2	YV PIJNACKER	43.40	2:15.80	4:49.80	136,966
36	Bart Groot	10165822	H55	SV ROTTERDAM	45.11	2:15.03	4:44.07	137,465
37	Amber Koetsier	10201947	DB2	GOUWE STREEK	44.29	2:16.64	4:47.30	137,719
38	Giel Hermans	10179030	H60	DVIJC	44.41	2:15.15	4:51.71	138,078
39	Julian Ras	10203043	HC2	HVHW	43.57	2:18.22	4:54.70	138,759
40	Leander Maas	10240770	HC1	IJVZ	43.94	2:17.82	4:55.38	139,110
41	Scarlett de Bruijn	10212161	DB1	HVHW	43.12	2:17.41	5:02.52	139,343
42	Zino Van Os	10220782	HC2	SIL	44.66	2:18.60	4:51.51	139,445
43	Hilde Houtzager	10165706	DN3	YC OTWEG	44.19	2:19.78	4:52.30	139,499

44	Meerle van den Berg	10157662	DN4	DVIJC	45.50	2:17.25	4:50.68	139,696
45	Roland ten Klooster	10156659	H60	DKIJV	43.14	2:17.20	5:04.98	139,703
46	Isabelle Hersbach	10157587	DSA	HVHW	43.30	2:19.40	4:59.71	139,717
47	Martijn van der Horst	10220070	H50	HVHW	44.13	2:16.14	5:02.67	139,955
48	Julian Broos	10202933	HB2	HVHW	43.37	2:20.37	4:59.38	140,056
49	Isa Oudenes	10215338	DB2	STV LEKSTREEK	43.61	2:18.58	5:01.90	140,119
50	Indy Kromokario	10183352	HA2	IJVZ	40.91	2:13.09	5:33.11	140,791
51	Tycho Petri	10202176	HC2	HVHW	44.79	2:21.59	4:58.28	141,699
52	Nouschka Steenks	10219680	DC2	DKIJV	45.32	2:22.38	4:54.90	141,930
53	Fiore Koutstaal	10218251	DC2	SIL	45.89	2:21.02	4:57.51	142,481
54	Augustine Kaper	10279557	DC1	HVHW	44.45	2:22.95	5:02.31	142,485
55	Lenthe Jansen	10209842	DA1	HVHW	45.47	2:24.40	4:55.91	142,921
56	Lara Castro Nortier	10220300	DB1	STC RIJNSTR	45.49	2:23.18	4:58.73	143,004
57	Sven de Mooij	10282866	HC1	RYC	44.38	2:22.16	5:08.19	143,131
58	Thijs Heezen	10162746	HN4	SIL	45.35	2:21.16	5:05.88	143,383
59	Robin Verboom	10282364	HC1	HVHW	46.37	2:21.75	5:00.75	143,745
60	Anne Spruijt	10216589	DB2	YC STOMPWIJK	45.52	2:23.31	5:03.90	143,940
61	Emma Boon	10219870	DB1	YV PIJNACKER	45.98	2:22.88	5:02.08	143,952
62	Mariska van Zon	10159945	DSA	DKIJV	46.54	2:26.67	4:52.57	144,191
63	Tiemen Haaring	10194537	HA2	DVIJC	43.81	2:21.20	5:20.87	144,354
64	Elin Lamain	10210910	DC1	YC ZOETERWOUDE	46.04	2:23.58	5:02.99	144,398
65	Maike Helleman	10217862	DC2	HVHW	47.24	2:23.91	5:02.81	145,678
66	Feline Solleveld	10218094	DB1	HVHW	47.06	2:25.66	5:02.46	146,023
67	Annika Korpershoek	10223685	DB1	STV LEKSTREEK	44.74	2:25.81	5:17.50	146,259
68	Lisanne Vreugdenhil	10194302	DB1	SIL	46.29	2:23.00	5:15.53	146,544
69	Maren de Bruin	10223672	DC1	STV LEKSTREEK	47.24	2:25.98	5:04.13	146,588
70	Ilse Veuger	10230416	DB1	RYC	47.08	2:28.69	5:03.10	147,159
71	Bo Hoogvorst	10186124	DB1	STC RIJNSTR	46.77	2:24.43	5:14.85	147,388
72	Lotte Janssen	10236374	DC1	DKIJV	46.53	2:28.45	5:09.53	147,601
73	Jolijn Solleveld	10218095	DC1	HVHW	46.42	2:25.10	5:16.91	147,604
74	Richard Heikoop	10156664	H55	DKIJV	48.42	2:24.26	5:06.90	147,656
75	Nerena van Vuuren	10157811	DN4	DVIJC	47.39	2:28.36	5:06.15	147,868
76	Kian Van Nierop	10220779	HC2	SIL	45.94	2:30.57	5:16.50	148,880
77	Cato Slegtenhorst	10194254	DC2	SIL	48.51	2:29.27	5:05.52	149,186
78	Jarno Middendorp	10166115	HN2	DKIJV	48.07	2:27.60	5:11.98	149,266
79	Caitlin Koenen	10200562	DN1	YV PIJNACKER	47.36	2:28.23	5:19.14	149,960
80	Lieke van Ooij	10185062	DA1	STC RIJNSTR	47.00	2:30.63	5:16.60	149,976
81	Boaz Piek	10287094	HC2	RYC	46.25	2:29.61	5:24.41	150,188
82	Peter van den Bos	10157591	H40	HVHW	48.12	2:28.09	5:20.41	150,884
83	Floortje Korpershoek	10223684	DB1	STV LEKSTREEK	46.77	2:31.75	5:23.80	151,319
84	Isolde de Koster	10215332	DB1	STV LEKSTREEK	47.56	2:31.87	5:19.75	151,474
85	Fem Ferrari	10282865	DC1	RYC	47.69	2:29.67	5:24.42	151,650
86	Jan Floor	10209963	H45	SV ROTTERDAM	48.69	2:27.92	5:22.41	151,731
87	Ferd Veelenturf	10156783	H65	STV LEKSTREEK	48.27	2:31.00	5:18.89	151,751
88	Mare Damsma	10226272	DC2	IJVZ	46.95	2:30.40	5:29.34	151,973
89	Sanne Kool	10234089	DC1	HVHW	48.50	2:30.64	5:20.81	152,181
90	Frank Steenkamp	10157183	H70	IJVL	50.34	2:30.72	5:11.20	152,446
91	Francis de Bruijn	10212162	DC1	HVHW	48.28	2:34.61	5:17.65	152,757
92	Tippi Verbree	10210689	DC2	DKIJV	48.52	2:33.85	5:28.86	154,613
93	Lex van Tol	10178918	H65	IJVZ	49.36	2:32.44	5:27.02	154,676
94	Famke Hogenboom	10197004	DN1	YV KDK	47.85	2:34.64	5:31.86	154,706

95 Anne-Lotte Köhler	10225603	DB1	DKIJV	46.71	2:34.91	5:41.55	155,271
96 Luna Beks	10228962	DC2	STV LEKSTREEK	47.99	2:36.09	5:32.66	155,463
97 Rutger van Gerven	10233480	HB1	SIL	47.02	2:37.12	5:38.42	155,796
98 Tristan Boon	10219841	HC1	YV PIJNACKER	49.44	2:33.17	5:33.43	156,067
99 Lisa de Koster	10231978	DB1	DVIJC	47.62	2:38.04	5:44.50	157,716
100 Mette Verdoold	10215345	DB1	STV LEKSTREEK	48.05	2:39.91	5:39.52	157,939
101 Renske Ansink	10206380	DC2	IJVL	48.90	2:36.91	5:40.45	157,944
102 Rinske Hogenboom	10212263	DC2	YV KDK	49.60	2:36.04	5:39.62	158,216
103 Noortje Valkenburg	10217383	DC1	DKIJV	48.44	2:41.94	5:41.97	159,415
104 Inge Rotteveel	10237207	DSA	YC STOMPWIJK	51.34	2:35.52	5:43.19	160,378
105 Mirthe Wijnakker	10222543	DB1	HVHW	49.89	2:42.95	5:38.35	160,597
106 Leo Schoenmeijer	10156617	H75	HVHW	52.76	2:38.93	5:29.32	160,622
107 Emma van der Goes	10204921	DB2	DKIJV	49.09	2:41.15	5:47.79	160,771
108 Lindsey Eijgermans	10202958	DB1	HVHW	49.70	2:41.93	5:42.66	160,786
109 Menco van den Berg	10212339	H55	DVIJC	52.63	2:39.06	5:32.77	161,111
110 Danique Verhoeve	10185098	DB1	YC ZOETERWOUDE	50.81	2:39.50	5:43.26	161,186
111 Annika Kaper	10287645	DB2	HVHW	49.97	2:43.16	5:43.28	161,569
112 Thomas Steele	10283499	HC2	DKIJV	47.84	2:46.90	5:50.97	161,968
113 Noa van Leeuwen	10223116	DC2	DKIJV	51.09	2:41.50	5:49.98	163,253
114 Noortje de Nie	10194550	DC2	DVIJC	51.98	2:42.18	5:44.77	163,501
115 Clover van Zeijl	10225610	DB1	HVHW	50.53	2:43.30	5:51.36	163,523
116 Edwin van Leeuwen	10228689	H40	DKIJV	53.86	2:43.39	5:34.41	164,058
117 Oona Alleblas	10212156	DC2	DKIJV	48.66	2:42.14	6:08.98	164,202
118 Annewil Stelloo	10228688	D40	DKIJV	52.68	2:51.31	5:46.68	167,563
119 Mies van Voorst	10287166	DC2	IJVL	52.82	2:54.18	5:54.89	170,028
120 Margot van Schie	10221514	DC2	STC RIJNSTR	54.01	2:52.23	6:08.48	172,833
121 Lieke van der Meer	10203968	DN1	YC ZOETERWOUDE	59.96	2:47.58	5:45.97	173,481
122 Nico Woldendorp	10156676	H80	IJVZ	57.41	2:55.05	6:08.94	177,250
123 Lutske Lindeman	10182029	D50	DKIJV	59.96	2:59.68	5:56.32	179,239