

500 + 1500 + 3000m - 1-7-2022, 28-11-2022, Category: DPF, DPE, DPD, DPC, DPB, DPA, DC1, DC2, DB1, DB2, DA1, DA2, DN1, DN2, DN3, DN4, DSA, DSB, D40, D45, D50, D55, D60, D65, D70, D75, D80, D85, HPF, HPE, HPD, HPC, HPB, HPA, HC1, HC2, HB1, HB2, HA1, HA2, HN1, HN2, HN3, HN4, HSA, HSB, H40, H45, H50, H55, H60, H65, H70, H75, H80, H85, District: ZHL, Venue: DNH

Pos	Naam	Cat	Vereniging	500	1500	3000	Punten
1	Yoeri van Bostelen	10193090	HA1 YC ALKEMADE	38.37	1:57.11	4:18.26	120,449
2	Thijs van Bostelen	10206523	HA1 YV KDK	40.09	1:59.65	4:13.76	122,266
3	Wouter van der Geer	10159400	HSA TG Bollenstreek-WYC	39.71	2:02.76	4:23.40	124,530
4	Sem Spruit	10185087	HC2 STC RIJNSTR	40.18	2:04.52	4:22.00	125,352
5	Kees de Ruijter	10205332	HA1 YV KDK	40.26	2:03.67	4:25.85	125,791
6	Chloé Hoogendoorn	10166003	DA2 YV WOUBRUGGE	40.15	2:04.00	4:28.65	126,258
7	Joes van Deursen	10179357	HA2 YV WOUBRUGGE	39.78	2:09.38	4:28.72	127,692
8	Dion van Hal	10194538	HB2 DVIJC	41.53	2:07.35	4:22.32	127,700
9	Daan van Zwienen	10205357	HB1 STV LEKSTREEK	39.33	2:06.58	4:42.87	128,668
10	Taeke Jongbloed	10209865	HC2 HVHW	41.50	2:08.50	4:28.96	129,159
11	Jelmer Kraaijeveld	10179881	HSB ELS DELFT	42.11	2:08.26	4:29.18	129,726
12	Arjan Bakker	10156759	H60 STV LEKSTREEK	43.83	2:09.32	4:21.45	130,511
13	Patricia Koot	10162179	DA1 TG Bollenstreek-WYC	41.95	2:07.70	4:36.20	130,549
14	Sophie Kraaijeveld	10166657	DA2 YV WOUBRUGGE	43.11	2:06.75	4:32.15	130,718
15	Alexander Doornekamp	10159075	HN3 STC RIJNSTR	42.23	2:14.34	4:36.86	133,153
16	Paul Robijn	10156631	H55 HVHW	43.43	2:12.12	4:40.52	134,223
17	Joppe Kleiweg	10163949	HN3 DKIJV	42.60	2:12.46	4:48.44	134,826
18	Veerle van Koppen	10158399	DA2 TJAS	44.10	2:12.15	4:40.68	134,930
19	Maarten Pennings	10197018	HB2 YV KDK	42.97	2:15.22	4:43.64	135,316
20	Jillian Knook	10179522	DA1 STV LEKSTREEK	41.38	2:12.36	4:59.84	135,473
21	Emma Noz	10165898	DA1 SIL	43.23	2:11.85	4:51.09	135,695
22	Bart Groot	10165822	H55 SV ROTTERDAM	44.89	2:14.50	4:40.21	136,424
23	Sebastiaan Scargo	10157177	H40 IJVL	43.93	2:14.68	4:48.29	136,871
24	Susanne Prins	10205334	DA1 STV LEKSTREEK	44.56	2:15.51	4:44.67	137,175
25	Ymke Wubben	10185190	DC2 YV PIJNACKER	43.83	2:15.79	4:51.37	137,654
26	Iris Mulder	10165962	DN1 STV LEKSTREEK	44.09	2:16.46	4:48.79	137,707
27	Roland ten Klooster	10156659	H60 DKIJV	43.30	2:15.69	4:58.42	138,266
28	Nick Barendse	10183254	HC2 IJVZ	43.20	2:17.85	4:55.37	138,378
29	Joey van den Berg	10213929	HB1 IJVZ	42.13	2:19.71	4:59.41	138,601
30	Liam Tap	10229460	HA1 ELS DELFT	43.74	2:20.93	4:52.65	139,491
31	Arne Wendt	10209811	HN2 SV ROTTERDAM	44.32	2:20.12	4:52.89	139,841
32	Tiemen Haaring	10194537	HB2 DVIJC	44.38	2:20.47	4:58.35	140,928
33	Hilde Houtzager	10165706	DN1 YC OTWEG	44.65	2:19.22	4:59.29	140,937
34	Robbert-Jan Neven	10209227	H45 STV LEKSTREEK	43.85	2:19.05	5:05.71	141,151
35	Jules van Winden	10219852	HB1 YV PIJNACKER	42.51	2:16.79	5:22.88	141,919
36	Bert-Jan Mostert	10156644	H55 YV PIJNACKER	46.69	2:18.22	4:55.34	141,986
37	Lenthe Jansen	10209842	DB1 HVHW	45.33	2:21.36	4:58.94	142,273
38	Merel Busscher	10171505	DN1 HVHW	46.71	2:23.42	5:08.04	145,856
39	Niels Pennings	10197019	HB1 YV KDK	46.95	2:24.49	5:05.67	146,058
40	Kyenno Fredrikze	10187665	HB1 TG Bollenstreek-WYC	47.80	2:28.23	5:00.17	147,238
41	Marien Harkes	10156725	H55 SV ROTTERDAM	48.14	2:26.73	5:01.64	147,323
42	Nerena van Vuuren	10157811	DN2 DVIJC	46.60	2:29.53	5:05.89	147,424
43	Rens de Heer	10204222	HB2 GOUWE STREEK	44.65	2:23.62	5:31.22	147,726

44	Liam Dias d'Ullois	10224031	HB1	DKIJV	46.35	2:29.51	5:11.64	148,126
45	Kiki van Schaik	10194826	DA1	HVHW	46.75	2:24.25	5:24.91	148,984
46	Jeroen Kuiper	10201950	HA1	GOUWE STREEK	46.85	2:23.25	5:30.73	149,721
47	Féline van Klink	10193158	DA1	YC ALKEMADE	47.18	2:28.55	5:22.20	150,396
48	Arjan Vijverberg	10168079	H45	SIL	48.23	2:29.73	5:14.94	150,630
49	Lieke van Ooij	10185062	DB1	STC RIJNSTR	47.41	2:30.76	5:25.42	151,899
50	Lex van Tol	10178918	H60	IJZ	48.70	2:29.75	5:19.79	151,914
51	Leon van Kooten	10229406	HSB	SV ROTTERDAM	48.00	2:37.47	5:21.54	154,080
52	Carl von Lindern	10164930	H55	STV LEKSTREEK	50.30	2:32.73	5:20.95	154,701
53	Leo Schoenmeijer	10156617	H75	HVHW	49.62	2:34.74	5:24.06	155,210
54	Famke Hogenboom	10197004	DA1	YV KDK	48.80	2:33.97	5:34.02	155,793
55	Patrick Delanghe	10236487	H55	MYV	51.49	2:34.48	5:20.87	156,461
56	Marianne de Neeling	10157132	D60	SIL	50.39	2:41.87	5:30.20	159,379
57	Kees Hofwegen	10156774	H55	STV LEKSTREEK	51.89	2:37.23	5:30.94	159,456
58	Wendy Oostdam	10160350	DSA	YC ZOETERWOUDE	52.12	2:37.14	5:30.73	159,621
59	Pip Ypenburg	10182138	DB2	DKIJV	51.08	2:40.97	5:50.62	163,172
60	jaap wijnia	10222128	H55	DVIJC	52.67	2:40.74	5:42.05	163,258
61	Bente Barendse	10212160	DC2	HVHW	49.89	2:45.17	5:56.80	164,412
62	Amanda van Leeuwen	10166113	DB2	DKIJV	51.41	2:41.03	5:57.80	164,719
63	Aad van Kleef	10157125	H65	SIL	56.94	2:43.85	5:49.55	169,814
64	Nico Woldendorp	10156676	H80	IJZ	54.20	2:51.79	5:51.77	170,091
65	Sophie Nugteren	10230669	DB2	YC OTWEG	1:01.71	3:08.23	7:51.46	203,029